



Wheaton Academy

Allergy Guidelines

Parent Responsibilities

- Notify the school of the student's allergies.
 - Work with school team to develop a plan that accommodates the student's needs throughout the school including classrooms, the cafeteria, after-school programs, school-sponsored activities, as well as an Allergy Action Plan.
 - Provide written medical documentation, instructions, and medications as directed by a physician, using the Allergy Action Plan.
 - Provide properly labeled medications and replace medications after use or upon expiration.
- Educate the student in the self-management of their allergy including:
- ✓ Safe and unsafe foods
 - ✓ Strategies for avoiding exposure to unsafe foods/allergens
 - ✓ Symptoms of an allergic reaction
 - ✓ How and when to tell an adult they may be having an allergy related problem
- Review policies/procedures with the school staff, the student's physician, and the student after reaction has occurred.
 - Provide emergency contact information.

School's Responsibilities

- Review health records submitted by parents and physicians.
- Include students with allergies in school activities. Students will not be excluded from school activities solely based on their allergies.
- A team that includes the classroom teachers and school nurse will work with the family to establish a prevention plan. The faculty and staff will be notified of the plan.
- Train staff that work with the student on a regular basis to recognize symptoms and know what to do in an emergency.
- Medications will be stored in an easily accessible location. Students are allowed to carry their own epinephrine pens, after the approval of their family physician.

School Policies

- Classroom teachers and support staff will receive written information concerning the student's allergy and an action plan, if necessary. The school will provide training in how to recognize an allergic reaction and the use of an epinephrine pen.
- If a student has a life-threatening allergy, the student will be permitted to eat only what the parent provides from home, unless the parent has made other provisions. The school will work with the parent to help the child feel included and safe.
- Peanut allergies are the most common allergy therefore Wheaton Academy asks that peanuts and foods/candy/snacks containing peanut derivatives (i.e. peanut oil) are only to be eaten at 4 designated tables in the commons. It is also asked that these items not be used or stored in offices that commonly admit students.

Student Responsibilities

- Students should not eat anything with unknown ingredients or known to contain any allergen.
- Students should be proactive in the care and management of their allergies and reactions.
- Students should notify a faculty or staff member immediately if they eat something they believe may contain the food to which they are allergic or if they are exposed to an allergen that they know may cause a reaction.