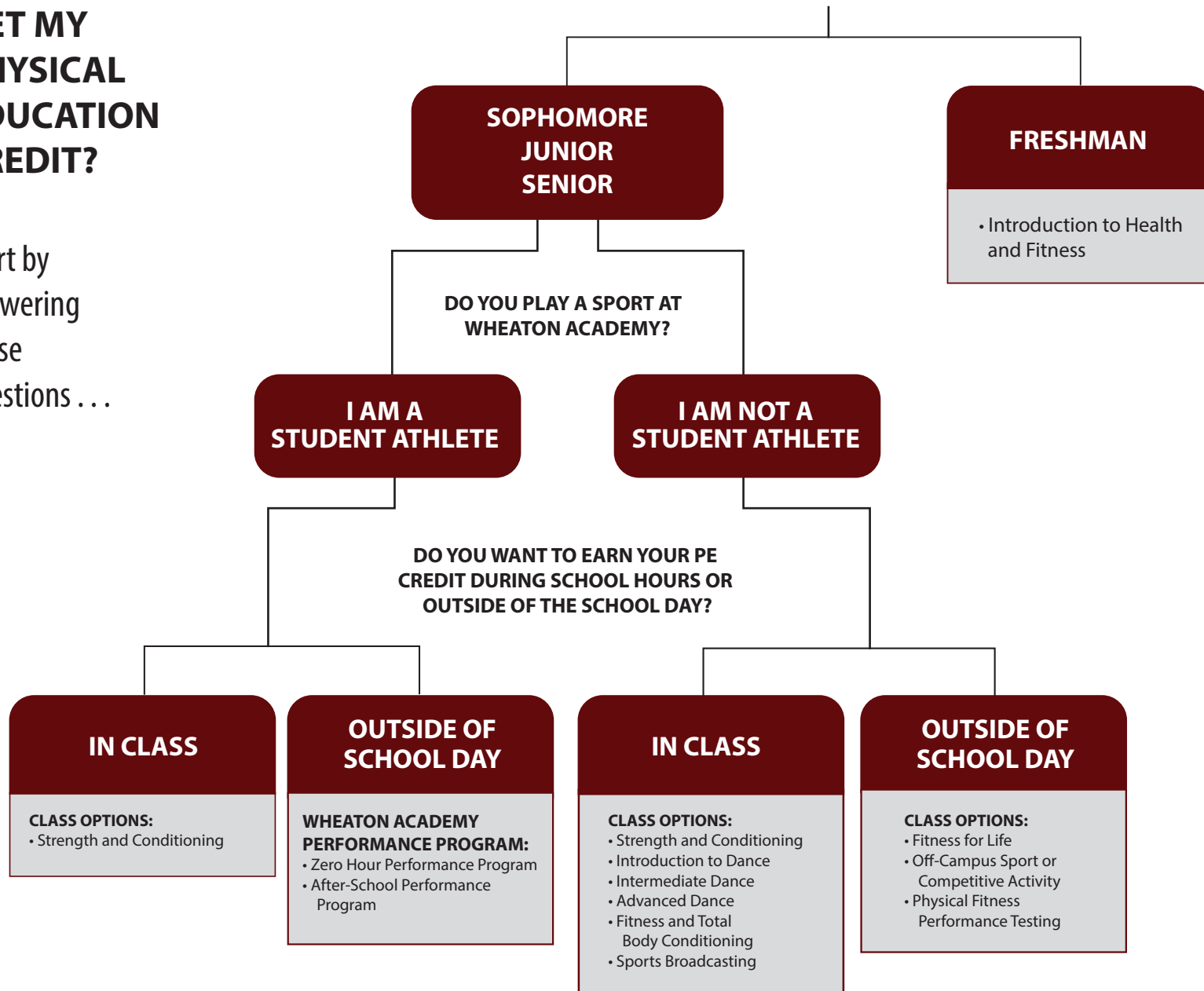


**HOW DO I GET MY PHYSICAL EDUCATION CREDIT?**

Start by answering these questions ...

**ARE YOU A ...**



**FRESHMAN**

- Introduction to Health and Fitness

**DO YOU PLAY A SPORT AT WHEATON ACADEMY?**

**I AM A STUDENT ATHLETE**

**I AM NOT A STUDENT ATHLETE**

**DO YOU WANT TO EARN YOUR PE CREDIT DURING SCHOOL HOURS OR OUTSIDE OF THE SCHOOL DAY?**

**IN CLASS**

- CLASS OPTIONS:**
- Strength and Conditioning

**OUTSIDE OF SCHOOL DAY**

- WHEATON ACADEMY PERFORMANCE PROGRAM:**
- Zero Hour Performance Program
  - After-School Performance Program

**IN CLASS**

- CLASS OPTIONS:**
- Strength and Conditioning
  - Introduction to Dance
  - Intermediate Dance
  - Advanced Dance
  - Fitness and Total Body Conditioning
  - Sports Broadcasting

**OUTSIDE OF SCHOOL DAY**

- CLASS OPTIONS:**
- Fitness for Life
  - Off-Campus Sport or Competitive Activity
  - Physical Fitness
  - Performance Testing